

Affecting Factor on Religion and Happiness in Medical Students, Jahrom, Iran, 2014

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Abstract

Religious attitudes have a significant impact on the psychological aspects of human life. One of the most important aspects of psychological life is happiness. The aim of this study was to investigate the relationship between religion and happiness in medical students. This descriptive and analytical study was done on 143 medical students in Jahrom university of medical sciences, Jahrom, Iran, 2014. The data were collected by the Oxford Happiness questionnaire and religious attitude questionnaire and obtained data were analyzed by correlation, X^2 and Fisher's tests. According to the X^2 test, there was no significant association between happiness and religion with gender ($P=0.148$, $P=0.957$) and also with regard to Pearson correlation, there was a significant relationship between happiness and religion ($p\leq 0.001$). The results indicate that religion and happiness are associated significantly.

Keywords: happiness, religion, medical students.