

Comparison Quality of Life in Women with Wanted and Unwanted Pregnancy and Associated Factors: A study from Iran

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ABSTRACT:

Introduction: unwanted pregnancy causes mental and psychological distresses and also some changes

in women's personal and social life which can influence their life quality. The present research aims to

compare quality of life of women with wanted and unwanted pregnancy.

Methods and procedures: Descriptive-analytical study was conducted on 318 pregnant women

referring to pregnancy care clinic in Jahrom in 2017. The questionnaire under study was WHOQOLBREF and

statistical analysis was done by SPSS 18 and statistical tests: chi-square test and Student's *t*-test.

Results: The score of life quality of women with unwanted pregnancy was 70.53 ± 8.40 and score of

women with wanted pregnancy was equal to 75.03 ± 9.34 and this difference was statistically significant ($p=0.01$). Average score of life quality in physical ($p=0.04$), environmental ($p=0.03$), social

($p=0.04$) sub-scales in women with unwanted pregnancy was less than those with wanted pregnancy

and this decrease was statistically significant.

Conclusion: with respect to the effect of unwanted pregnancy on life quality of pregnant women,

reducing the prevalence of unwanted pregnancies should be at the top of health care providers' programs.

programs.

Keywords: Life Quality, Unwanted Pregnancy, Pregnancy, Iran