

Musculoskeletal Disorders Risk Level among Workers of Jahrom University of Medical Science: an Ergonomic Assessment

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Abstract

Musculoskeletal disorders (MSDs) are among the most common occupational injuries that can arise from various risk factors. This cross-sectional descriptive study was conducted on 100 staff workers of the Jahrom University of Medical Science through Demographic Questionnaire, Nordic Musculoskeletal Disorders Questionnaire (NMQ) and Rapid Office Strain Assessment (ROSA) method. Prevalence of MSDs in the neck, shoulder, wrist, upper back, lower back, and one or both thighs were 24, 25, 4, 8, 24 and 11 percent, respectively. Given the high prevalence of MSDs among staff workers of the Jahrom University of Medical Science, it seems to be necessary to perform educational interventions to prevent skeletal and muscular

Keywords

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KeyWords Plus: COMPUTER USERS