

Outcome of Autoimmune Hepatitis Patients Referred to Namazi Hospital in 2016

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Abstract

Introduction: Autoimmune hepatitis is recurrent inflammation of liver cells, and the cause is unknown. The aim of this study was to determine the outcome of patients with autoimmune hepatitis, in the first 6 months of 1395, in Namazi hospital in Shiraz.

materials and methods: This cross-sectional study was done on patients with autoimmune hepatitis in the first 6 months of 1395 who referred to Namazi hospital. Data was collected from patient's files in hospital.

Result: In this study, 25 patients were evaluated. 20 patients were female (80%) and 5 patients were male (20 percent). The mean age of patients was 27 years old. All patients had autoimmune hepatitis type 1. The most common symptoms of the disease were jaundice (76%), and nausea - vomiting (56%), respectively. The most common signs were: splenomegaly (76%) and hepatomegaly (72%).

Conclusion: The results of this study showed that all cases had type 1 of autoimmune hepatitis. The age of explosion in our study was lower than other studies. The most common were jaundice and nausea - vomiting and the most common signs were splenomegaly and hepatomegaly. The percentage of positive AMA, ANA and SMA in our study was similar to other studies in Iran.

Key words: Autoimmune, Hepatitis, Patients , Namazi Hospital