

# Molecular identification and antifungal susceptibility profiles of *Candida dubliniensis* and *Candida africana* isolated from vulvovaginal candidiasis: A single-centre experience in Iran

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## Abstract

**Background** Vulvovaginal candidiasis (VVC) is a common and debilitating long-term illness affecting million women worldwide. This disease is caused mainly by *Candida albicans* and a lesser extent by other species, including the two phylogenetically closely related pathogens *Candida africana* and *Candida dubliniensis*.

**Objectives** In this study, we report detailed molecular epidemiological data about the occurrence of these two pathogenic yeasts in Iranian patients affected by VVC, or its chronic recurrent form (RVVC), and provide, for the first time, data on the antifungal activity of two new drugs, efinaconazole (EFN) and luliconazole (LUL).

**Methods** A total of 133 vaginal yeast isolates, presumptively identified as *C. albicans* by phenotypic and restriction analysis of rDNA, were further analysed by using a specific molecular method targeting the HWP1 gene. All *C. africana* and *C. dubliniensis* isolates were also tested for their in vitro susceptibility to a panel of modern and classical antifungal drugs.

**Results and Conclusions** Based on the molecular results, among 133 germ-tube positive isolates, we identify 119 *C. albicans* (89.47%), 11 *C. africana* (8.27%) and 3 *C. dubliniensis* (2.26%) isolates. *C. africana* and *C. dubliniensis* showed low MIC values for most of the antifungal drugs tested, especially for EFN and LUL, which exhibited a remarkable antifungal activity. High MIC values were observed only for nystatin and terbinafine. Although *C. albicans* remains the most common *Candida* species recovered from Iranian VVC/RVVC patients, our data show that its prevalence may be slightly overestimated due to the presence of difficult-to-identify closely related yeast, especially *C. africana*.

## Keywords

**Author Keywords:** *Candida africana*; *Candida dubliniensis*; efinaconazole; HWP1 gene; luliconazole; vulvovaginal candidiasis