

A Successful Pregnancy in a Couple that suffers from Covid-19, the first delivery for mother, first pregnant case in the south of Iran

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Abstract:

Background and objective: Pregnant women are at risk for complications from all viruses, especially coronavirus infection (Covid 19). The study reported care and Successful Pregnancy in a Couple that suffers from Covid-19.

Method: Evaluation of clinical symptoms, performing clinical and paraclinical tests .

Results: A 35-year-old pregnant woman (34 weeks) with his husband a 36-year-old man presented to our hospital for corona disease. The case was discussed between the gynecologist, Infectious disease specialist, and nursing staff. Her fetus was in a hypoxic situation but manages for four days still that mother's condition was rationally stabled caesarian section performed. Eventually, the parents were isolated again, and the baby was transferred to NICU. Fetal distress and premature rupture of the membrane were seen. Alkaline Phosphate raised to 339 U/L. THE Neonate PCR test was negative.

Conclusion: Even though the baby's parents were infected with the coronavirus (Covid 19), the laboratory and clinical results of the infant were negative and the infant was not infected. With teamwork, and special nursing care all the family discharge from the hospital.

Keywords: Pregnancy, Coronavirus, Iran, Nursing care, Teamwork